

Adult and pediatric dosing and administration guide



# **Tralement®**

(trace elements injection 4\*, USP)

\*Fach mL contains zinc 3 mg, copper 0.3 mg, manganese 55 mcg, and selenium 60 mcg

# The first FDA-approved multi-trace element injection for parenteral nutrition.<sup>1</sup>

Tralement (trace elements injection 4\*, USP) is indicated in adult and pediatric patients weighing at least 10 kg as a source of zinc, copper, manganese, and selenium for parenteral nutrition when oral or enteral nutrition is not possible, insufficient, or contraindicated.<sup>2</sup>

Each mL of Tralement provides zinc 3 mg, copper 0.3 mg, manganese 55 mcg, and selenium 60 mcg.

# Aligns with current treatment guidelines

Tralement has been specifically developed to align with the ASPEN Dosing Recommendations for trace element supplementation. The concentration of each element in Tralement has been formulated to meet the needs of a broad range of pediatric and adult patients.<sup>2,3</sup>

# **SELECT IMPORTANT SAFETY INFORMATION**

#### **CONTRAINDICATIONS**

Tralement is contraindicated in patients with hypersensitivity to zinc or copper.

### **Dosing: Added to parenteral nutrition**

The recommended dosage of Tralement® is 1 mL per day added to parenteral nutrition.² Weight-dependent dosing is provided for pediatric patients between 10 kg to 49 kg.² Tralement is not recommended for patients who may require a lower dosage of 1 or more of the individual trace elements.

# **Proven stability**

Stability studies support that Tralement can be safely stored for up to 9 days when added to the parenteral nutrition admixture and refrigerated.<sup>2</sup>

# **Consistent supply**

Tralement is proudly manufactured in the US with active pharmaceutical ingredients sourced in the US.

# Dosing for adults and pediatric patients weighing at least 50 kg

For adults and pediatric patients weighing at least 50 kg, the recommended dose is 1 mL per day added to parenteral nutrition.<sup>2</sup>

# **Pediatric dosing**

For pediatric patients weighing 10 kg to 49 kg, the recommended dosage of Tralement is based on body weight and ranges from 0.2 to 0.8 mL per day.<sup>2</sup> (Please refer to Table 1)

Table 1. Recommended weight-based daily dosage of Tralement®

| Patient             | Body<br>weight    | Tralement<br>dosage<br>(mL) | Amount of trace elements provided by the corresponding Tralement volume |         |           |          |
|---------------------|-------------------|-----------------------------|---|---------|-----------|----------|
| population          |                   |                             | Zinc  | Copper  | Manganese | Selenium |
| Pediatric           | 10 kg to<br>19 kg | 0.2 mL                      | 600 mcg   | 60 mcg  | 11 mcg    | 12 mcg   |
| Pediatric           | 20 kg to<br>29 kg | 0.4 mL                      | 1200 mcg  | 120 mcg | 22 mcg    | 24 mcg   |
| Pediatric           | 30 kg to<br>39 kg | 0.6 mL                      | 1800 mcg  | 180 mcg | 33 mcg    | 36 mcg   |
| Pediatric           | 40 kg to<br>49 kg | 0.8 mL                      | 2400 mcg  | 240 mcg | 44 mcg    | 48 mcg   |
|                     |                   |                             |   |         |           |          |
| Adult and Pediatric | At least<br>50 kg | 1 mL                        | 3 mg  | 0.3 mg  | 55 mcg    | 60 mcg   |

# **SELECT IMPORTANT SAFETY INFORMATION**

#### WARNINGS AND PRECAUTIONS

<u>Pulmonary Embolism due to Pulmonary Vascular Precipitates</u>: Pulmonary vascular precipitates causing pulmonary vascular emboli and pulmonary distress have been reported in patients receiving parenteral nutrition. If signs of pulmonary distress occur, stop the infusion and initiate a medical evaluation.

# **SELECT IMPORTANT SAFETY INFORMATION**

#### WARNINGS AND PRECAUTIONS

<u>Vein Damage and Thrombosis</u>: Tralement must be prepared and used as an admixture in parenteral nutrition solution. It is not for direct intravenous infusion. In addition, consider the osmolarity of the final parenteral nutrition solution in determining peripheral versus central administration. Solutions with osmolarity of 900 mOsmol/L or more must be infused through a central catheter. The primary complication of peripheral access is venous thrombophlebitis.

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# Supplementation with individual trace elements

For pediatric patients weighing 10 kg to 49 kg, additional zinc (in heavier patients in some weight bands), copper, and selenium may be required to meet the recommended daily dose (shown below). To determine the additional amount of supplementation, compare the recommended daily dosage based on the body weight of the patient to the amount of each trace element provided by Tralement® and other dietary resources.<sup>2</sup>

• Zinc: 50 mcg/kg/day (up to 3,000 mcg/day)

• Copper: 20 mcg/kg/day (up to 300 mcg/day)

• Selenium: 2 mcg/kg/day (up to 60 mcg/day)

Do not supplement Tralement with additional manganese.

# Additional details for dosage and administration

- Tralement, supplied as a 1 mL single-dose vial, is *not for direct intravenous infusion* and is used as an additive in parenteral nutrition admixtures.
- The dosage of the final parenteral nutrition solution containing Tralement must be based on the concentrations of all components in the solution, the patient's clinical condition, nutritional requirements, and the contribution of oral or enteral intake.
- Tralement is not approved for pediatric patients weighing less than 10 kg because the product does not provide an adequate dosage of zinc, copper, or selenium and exceeds the recommended dosage of manganese.
- Prior to administration of parenteral nutrition solution containing Tralement, correct severe fluid, electrolyte, and acid-base disorders.
- Monitor fluid and electrolyte status during treatment with Tralement and adjust the parenteral nutrition solution as needed.
- Monitor trace element concentrations in blood during long-term administration
  of parenteral nutrition. The dosage of the final parenteral nutrition solution
  containing Tralement must be based upon all components of the solution,
  the patient's clinical condition, and the contribution of all oral or enteral intake.

Table 2: Intrinsic values for automated compounding devices for parenteral nutrition preparations

| Intrinsic value  | Tralement <sup>®</sup> |  |  |
|------------------|------------------------|--|--|
| Osmolarity       | 114 mOsmol/L           |  |  |
| Specific gravity | 1.009 (g/mL)           |  |  |
| pH range         | 1.5-3.5                |  |  |

For complete information, including dosing and administration, please see the <u>Full Prescribing Information</u>.

# **SELECT IMPORTANT SAFETY INFORMATION**

#### WARNINGS AND PRECAUTIONS

<u>Neurologic Toxicity With Manganese</u>: Monitor patients receiving long-term parenteral nutrition solutions containing Tralement for neurologic signs and symptoms, and routinely monitor whole blood manganese concentrations and liver function tests. Discontinue Tralement and consider brain magnetic resonance imaging (MRI) if toxicity suspected.

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#### For intravenous use

#### IMPORTANT SAFETY INFORMATION

#### CONTRAINDICATIONS

Tralement is contraindicated in patients with hypersensitivity to zinc or copper.

#### WARNINGS AND PRECAUTIONS

Pulmonary Embolism due to Pulmonary Vascular Precipitates: Pulmonary vascular precipitates causing pulmonary vascular emboli and pulmonary distress have been reported in patients receiving parenteral nutrition. If signs of pulmonary distress occur, stop the infusion and initiate a medical evaluation.

Vein Damage and Thrombosis: Tralement must be prepared and used as an admixture in parenteral nutrition solution. It is not for direct intravenous infusion. In addition, consider the osmolarity of the final parenteral nutrition solution in determining peripheral versus central administration. Solutions with osmolarity of 900 mOsmol/L or more must be infused through a central catheter. The primary complication of peripheral access is venous thrombophlebitis.

Neurologic Toxicity With Manganese: Monitor patients receiving long-term parenteral nutrition solutions containing Tralement for neurologic signs and symptoms, and routinely monitor whole blood manganese concentrations and liver function tests. Discontinue Tralement and consider brain magnetic resonance imaging (MRI) if toxicity suspected.

Hepatic Accumulation of Copper and Manganese: If a patient develops signs or symptoms of hepatic or biliary dysfunction during the use of Tralement, obtain serum concentrations of copper and ceruloplasmin as well as manganese whole blood concentrations. Consider using individual trace element products in patients with hepatic and/or biliary dysfunction.

Aluminum Toxicity: Tralement contains aluminum that may be toxic. Increased risk in patients with renal impairment. Preterm infants, including preterm neonates, are particularly at risk.

Monitoring and Laboratory Tests: Monitor blood zinc, copper, manganese, and selenium concentrations, fluid and electrolyte status, serum osmolarity, blood glucose, liver and kidney function, blood count, and coagulation parameters.

Hypersensitivity Reactions With Zinc and Copper: If hypersensitivity reactions occur, discontinue Tralement and initiate appropriate medical treatment.

#### **ADVERSE REACTIONS**

The following adverse reactions were identified in clinical studies or postmarketing reports. Given that some of these reactions were reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

Adverse reactions with other components of parenteral nutrition solutions:

- Pulmonary embolism due to pulmonary vascular precipitates
- Vein damage and thrombosis
- Aluminum toxicity

Adverse reactions with the use of trace elements administered parenterally or by other routes of administration:

- Neurologic toxicity with manganese
- Hepatic accumulation of copper and manganese
- Hypersensitivity reactions with zinc and copper

#### **USE IN SPECIFIC POPULATIONS**

**Pregnancy** - Risk Summary - Deficiency of trace elements may result in adverse pregnancy and fetal outcomes.

Lactation - Risk Summary - Zinc, copper, manganese, and selenium are present in human milk. The developmental and health benefits of breastfeeding should be considered, along with the mother's clinical need for Tralement and any potential adverse effects on the breastfed infant from Tralement or from the underlying maternal condition.

**Pediatric Use** - Refer to Full Prescribing Information for dosing. Do not supplement Tralement with additional manganese. Tralement is not approved for use in pediatric patients weighing less than 10 kg because the product does not

provide an adequate dosage of zinc, copper, or selenium to meet the needs of this subpopulation and exceeds the recommended dosage of manganese.

**Hepatic Impairment** - Hepatic accumulation of copper and manganese have been reported with long-term administration in parenteral nutrition. For patients with cholestasis, biliary dysfunction, or cirrhosis, monitor hepatic and biliary function during long-term administration of Tralement.

#### **OVERDOSAGE**

There are reports on overdosage in the literature for the individual trace elements. Management of overdosage is supportive care based on presenting signs and symptoms.

#### INDICATIONS AND USAGE

Tralement is indicated in adult and pediatric patients weighing at least 10 kg as a source of zinc, copper, manganese, and selenium for parenteral nutrition when oral or enteral nutrition is not possible, insufficient, or contraindicated.

For additional safety information, please see <u>Full Prescribing Information</u>.

You are encouraged to report Adverse Drug Events to American Regent Inc. at 1-800-734-9236, or to the FDA by visiting <a href="https://www.fda.gov/medwatch">www.fda.gov/medwatch</a>, or by calling 1-800-FDA-1088.

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T 1.800.734.9236; E <u>pv@americanregent.com</u>; F 1.610.650.0170

ADEs may also be reported to the FDA:

1.800.FDA.1088 or www.fda.gov/medwatch

#### Medical information:

**T** 1.888.354.4855 (9:00 am–5:00 pm Eastern Time, Monday–Friday) www.americanregent.com/medical-affairs

#### REFERENCES:

- Orange book: Approved Drug Products with Therapeutic Equivalence Evaluations: Product Details for NDA 209376. US Food & Drug Administration. Accessed August 8, 2025. Tralement: <a href="https://www.accessdata.fda.gov/scripts/cder/ob/results\_product.cfm?Appl\_Type=N&Appl\_No=209376">https://www.accessdata.fda.gov/scripts/cder/ob/results\_product.cfm?Appl\_Type=N&Appl\_No=209376</a>
- **2.** Tralement (trace elements injection 4\*, USP). Package insert. American Regent, Inc.
- **3.** American Society for Parenteral and Enteral Nutrition. Appropriate dosing for parenteral nutrition: ASPEN Recommendations. November 17, 2020.

